

Here are the details for our 2023 Summit MetroPark Hiking Spree!



Go to summitmetroparks.org to sign up for the Hiking Spree.

Hiking is free, but if you want the really nice walking stick or the annual shields that attach, they are free to Summit County residents. Nonresidents pay \$10 for the walking stick and \$5 for each shield.

You should also download the participation form so that you can keep track of your own hiking. It's based on the honor system, so it's pretty laid back.

Remember: Join us for as many trails as you want! Or just join us for food!

Trails are organized to to minimize the drive time between hikes. Feel free to choose the trails you want to hike. You only have to hike 8 trails to qualify for the rewards!

Join us at the designated nearby brewery/eatery so that we can 'cool down' after our workout!

Date/Time	Metro Park	Trail	Distance	Rating	Address	Eat/Drink
9/14/2023, 5:30	Goodyear Heights	Alder	1.4 miles	Easy	550 Frazier Ave., Akron	Lock 15
	Munroe Falls	Meadow	2.0 miles	Easy	1088 North Ave., Tallmadge	
9/21/2023, 5:30	Towpath/Vanderhoof	Towpath	4.6 miles	Easy	2445 Vanderhoof Rd., New Franklin	Pick's
9/30/2023, 3:00	Firestone	Redwing	1.1 miles	Easy	2620 Harrington Rd., Akron	Jerzees
	Springfield Bog	Prairie Trail	1.6 miles	Easy	1400 Portage Line Rd., Springfield	
10/5/2023, 5:00	Sand Run	Mingo	3.0 miles	Difficult	1400 Sand Run Pkwy., Akron	R Shea (Valley)
10/19/2023, 5:00	Deep Lock	Quarry	1.4 miles	Moderate	5779 Riverview Rd., Peninsula	Winking Lizard (Peninsula)
	Furnace Run	Old Mill	1.4 miles	Easy	4955 Townsend Rd., Richfield	
10/28/2023, 3:00	Cascade Valley	Oxbow	1.2 miles	Moderate	1061 Cuyahoga St., Akron	Bricco Pub
	FA Seiberling Nature Real	Seneca	1.4 miles	Moderate	1828 Smith Rd., Akron	
11/2/2023, 5:00	Liberty	Black Bear	2.1 miles	Moderate	9999 Liberty Rd., Twinsburg	Brew Kettle (Hudson)
	Wood Hollow	Downy Loop	1.2 miles	Easy	2121 Barlow Rd., Hudson	
11/9/2023, 5:00	Silver Creek	Pheasant Run	1.2 miles	Easy	5000 Hametown Rd., Norton	Great Oaks Tavern

If you miss hiking any of these, you can also hike a 'Hiker's Choice.' Just hike any trail in the Summit County MetroParks to meet your hiking requirements!!